

Your access may be limited when several users try to log in from the same device or after five failed login attempts. If this message appears, switch to **Incognito/Private mode**. If the problem persists, [clear your browser cache](#).

Your access to this site has been temporarily limited by the site owner

Your access to this service has been temporarily limited. Please try again in a few minutes. (HTTP response code 503)

If you think you have been blocked in error, contact the owner of this site for assistance.

- [Return to the site home page](#)
- [Attempt to return to the admin login page \(you may still be locked out\)](#)

If you are a WordPress user with administrative privileges on this site please enter your email in the box below and click "Send". You will then receive an email that helps you regain access.

Block Technical Data

Block Reason: You have been temporarily locked out of this system. This means that you will not be able to log in for a while.

Time: Wed, 13 May 2026 23:54:54 GMT



About Wordfence

Wordfence is a security plugin installed on over 5 million WordPress sites. The owner of this site is using Wordfence to manage access to their site.

You can also read the documentation to learn about Wordfence's blocking tools, or visit [wordfence.com](https://www.wordfence.com) to learn more about Wordfence.

Click here to learn more: [Documentation](#)

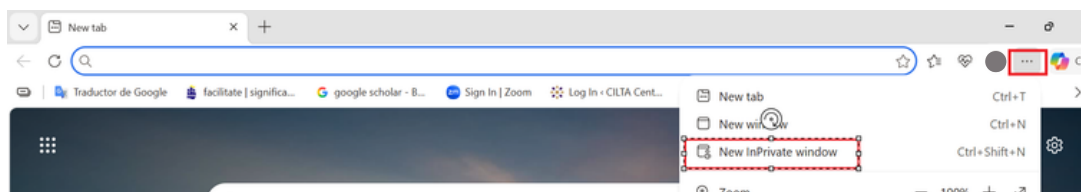
1

OPEN A PRIVATE / INCOGNITO WINDOW

Follow the next steps according to the browser you are using:

Microsoft Edge/Google Chrome

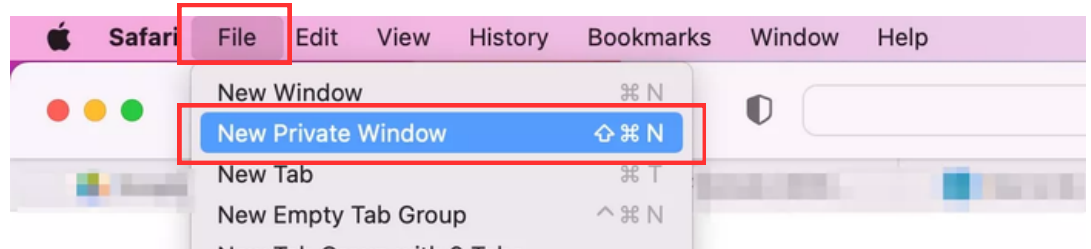
- Click the three dots next to the search bar and click **New InPrivate Window** or **New Incognito Window**.





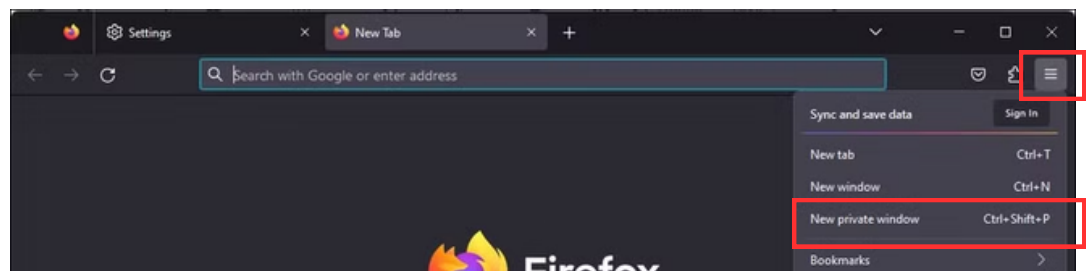
Safari (MAC Computer)

- Open the Safari browser.
- Choose File
- Click **New Private Window** from the top menu bar.



Firefox

- Click the menu button (three horizontal lines) in the top-right corner and select **New Private Window**.

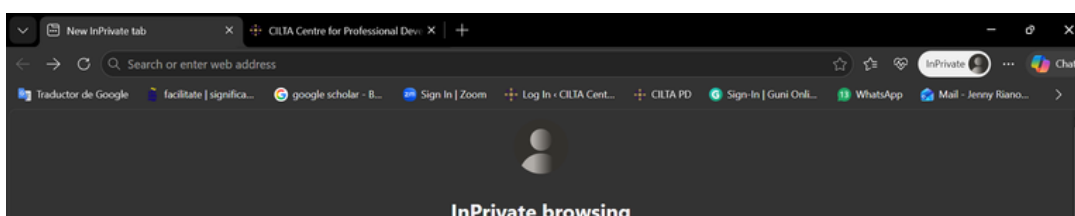


LOGIN OR RESET PASSWORD AND ACCESS THE COURSE

2

Once you access the private page (incognito mode) the background will turn black

- Click this link <https://www.ciltapd.com.au/my-courses/> (or enter it manually in the search bar).
- Proceed to log in.
- If you can't remember your password, click on "Lost your Password?" and follow the instructions.
- Once logged in, click on the title of your course to continue.



1

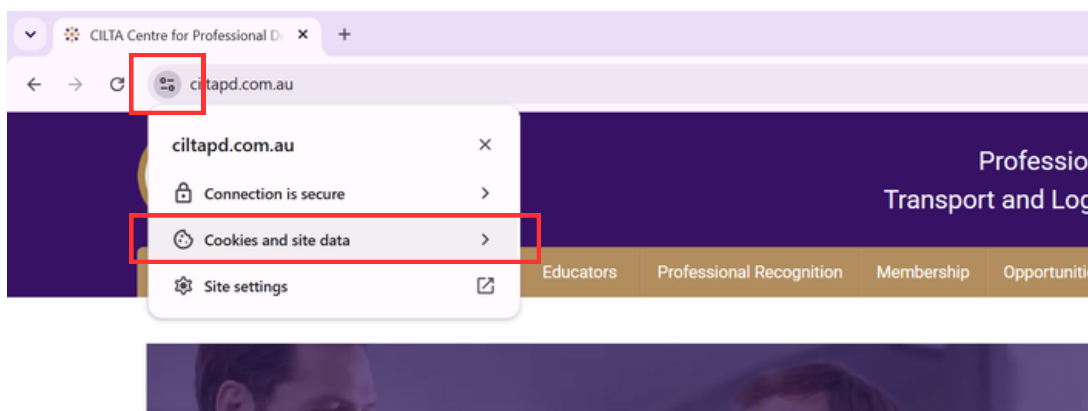
OPTION 1: CLEAR BROWSER CACHE - WEBSITE

Please type <https://www.ciltapd.com.au/> in your browser

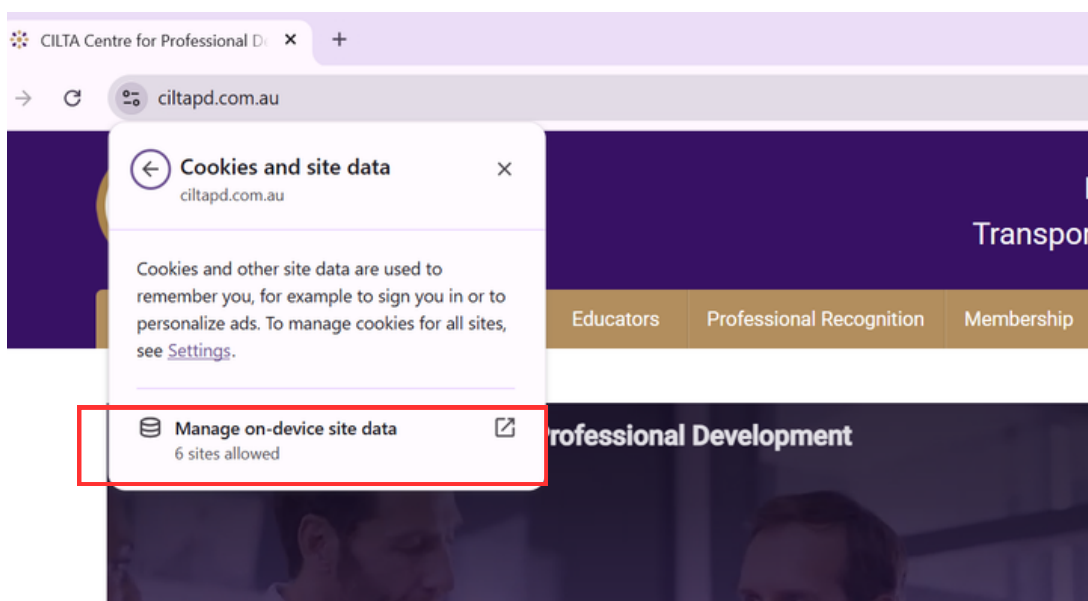
And follow the steps if using:

Google Chrome

- Click the **View Site Information** (padlock icon) next to the web address.
- Click **Cookies and site data**.



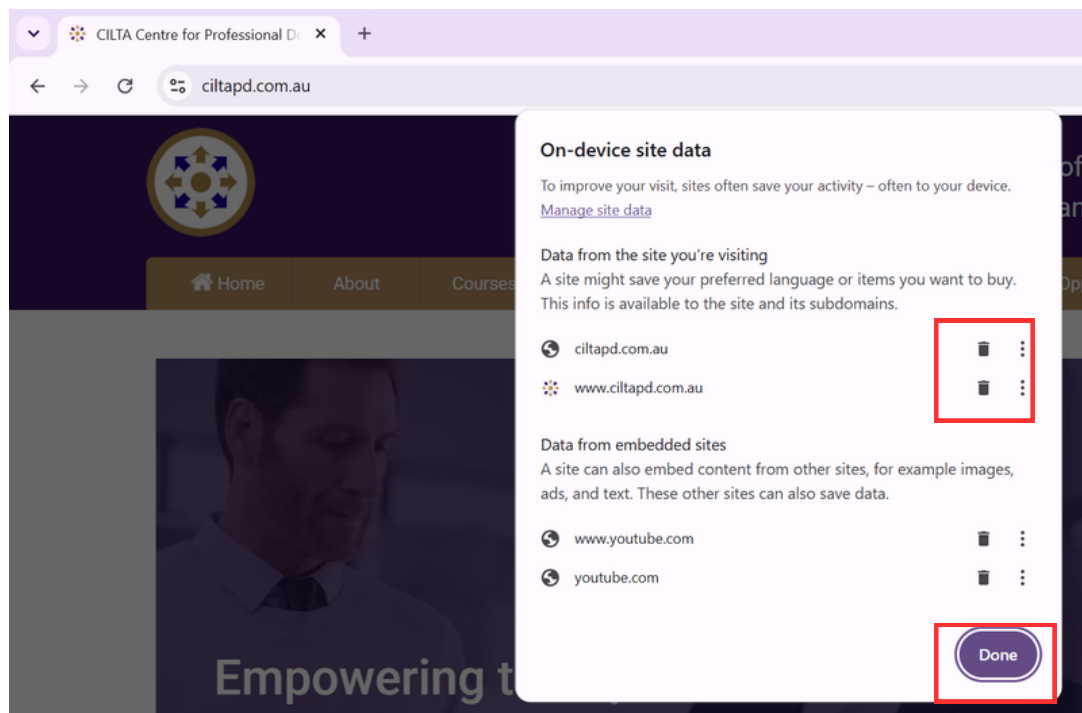
- Click **Manage on-device site data**.



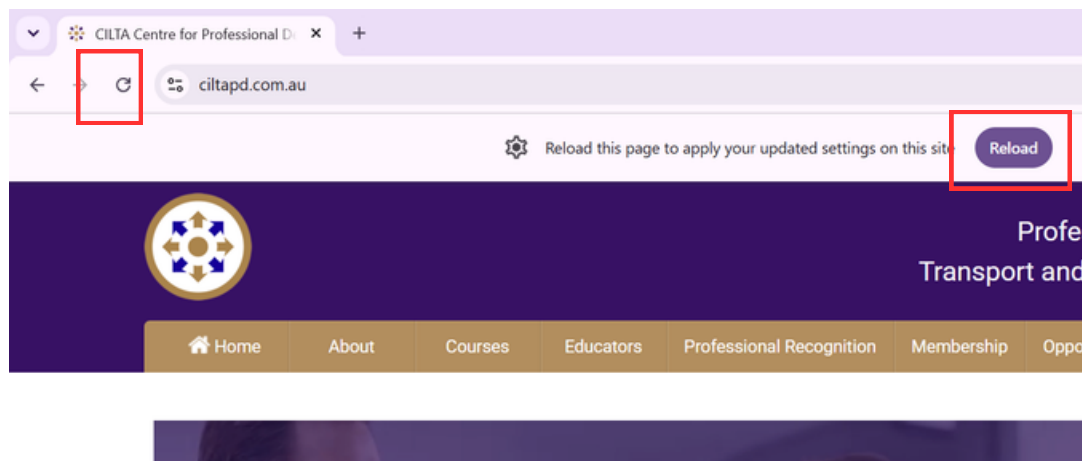
- Click the **Trash Can icon** next to the site to delete its data.
- Click **Done**.



CLEAR BROWSER CACHE



- Refresh the page



Microsoft Edge/Mozilla Firefox:

1. Click the **Padlock icon** next to the URL.
2. Click **Clear Cookies and Site Data**.
3. Click **Cookies**.
4. Click the **Blocked Tab**.
5. Click **www.ciltapd.com.au** and **ciltapd.com.au**
6. Click **Allow**.
7. Click **Done**.

LOGIN OR RESET PASSWORD AND ACCESS THE COURSE

2

- Click this link <https://www.ciltapd.com.au/my-courses/> (or enter it manually in the search bar).
- Proceed to log in.
- If you can't remember your password, click on “Lost your Password?” and follow the instructions.
- Once logged in, click on the title of your course to continue.

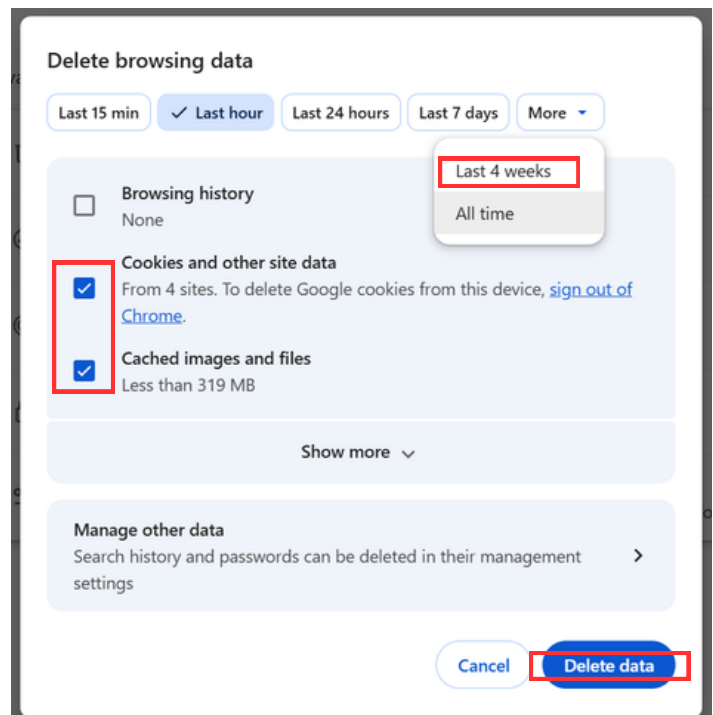
3

OPTION 2: CLEAR ENTIRE BROWSER CACHE

If you are still blocked, you may need to clear your entire browser's cache. This may log you out from other sites.

Google Chrome/Microsoft Edge/Mozilla:

- Press **Ctrl + Shift + Delete** on Windows or **Cmd + Shift + Delete** on Mac.
- Choose a time range like **All time**.
- Check the boxes for **Cookies and other site data** and **Cached images and files**.
- Click **Clear data**.



Login or reset password and access the course